



Newsletter 3

"You can change the world"

Ervin Laszlo

Dear friends and visitors of the Existential Consciousness Research Institute,

Ervin Laszlo (born in 1932) teaches philosophy, systems science and futurology at Princeton and Yale Universities. He holds several PhDs. In 1993 he founded the Club of Budapest focusing on: You can change the world. He has twice been nominated for the Nobel Peace Prize. In his talk at the 2019 Worlds-of-Consciousness-Conference entitled Cosmology & Consciousness he shares his ideas related to spiritual experiences:

#### VIDEO Cosmology & Consciousness

**Min. 10.55** Spiritual experiences take place in deeper states of consciousness during brain wave activities of theta and delta.

**Min. 12.45** Conclusion: Spiritual experiences give meaning to the inherent interconnectedness of structures in the world and lead to feelings of oneness, belonging, and love.

**Min. 15.05** Lesson: The sense of relatedness comes from spiritual experiences that tell us something about the wholeness of the world. We are part of the universe. We are parts of an interconnected whole. Discovering this can make us better people and the world a better place.

Speaking at the Allianz Forum on Dec. 3, 2018, Ervin Laszlo describes various areas from where impulses for a meaningful and sustainable future could emerge. "Will a meaningful future be possible?"

#### VIDEO Will a meaningful future be possible?

**Until minute 40 the presentation is hold in German and continues in English!**

**Min. 39.40** New concepts.

**Min. 40.50** Presentation continues in english. With the motto: You can change the world we would like to invite you to open to a deeper awareness and understanding of energies and information of an infinite field.

We wish you health, well-being and an open mind for the new year. Be inspired.

Warm regards,

Patricia Lüning-Klemm and Hans-Werner Quast

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P.S. Here you can find the two videos from the Global Consciousness Day on Dec. 21, 2020:

#### VIDEO's Global Consciousness Day 2020

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